
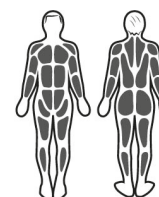

 > 1,40m 34 1,27m

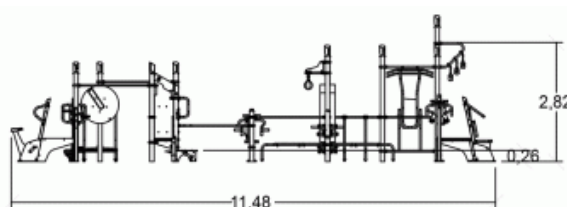
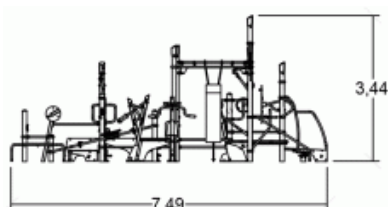
 1 = 11,47m
 2 = 7,49m
 3 = 3,45m



Sports formula



Muscular stimulation



► **Sports activities :** **50**

balancing



x3

jumping



x2

hanging



x7

Pull-ups



x8

Dips



x4

Push-ups



x3

Abs



x6

boxing



x2

pedalling



x2

rowing



x1

walking



x2

running



x1

Resistance



x3

spinning




x4

Soulever



x2

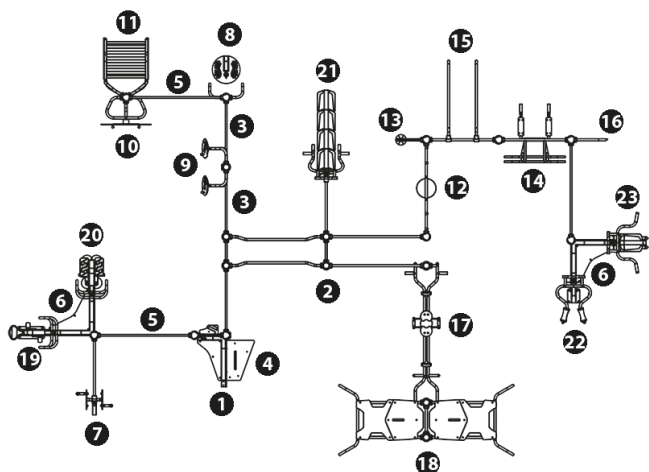
 muscle strengthening

 heart health

 balance

 coordination

Components

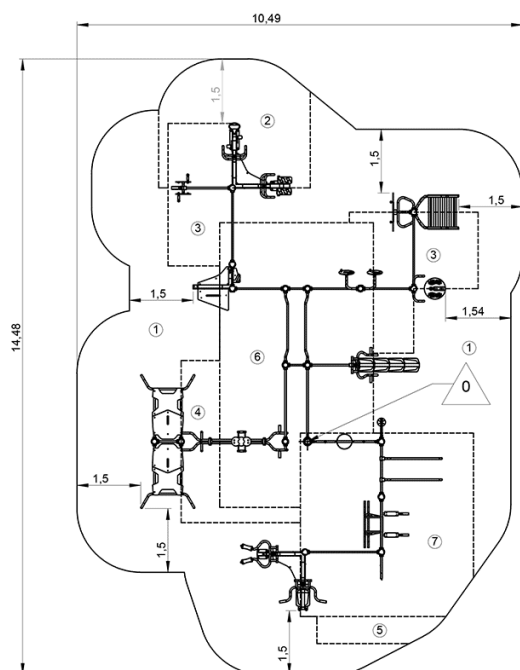


- ❶ 3 in 1 Totem
- ❷ Barres parallèles doubles mixtes
- ❸ Horizontal bar L. 125 cm
- ❹ Step
- ❺ Barre fixe L : 1m80
- ❻ Module assise
- ❼ Arm Bike
- ❽ Balance Board
- ❾ Tai-Chi Wheels
- ❿ Disque épaule
- ⓫ Runner
- ⓬ Punchbag
- ⓭ Punchball
- ⓮ Chaise romaine
- ⓯ Barres obliques
- ⓰ Jauge détente
- ⓱ Dual Rowing Machine
- ⓲ Abs Board/Push-ups
- ⓳ Vélo
- ⓴ Stepper
- ⓵ Banc développé couché
- ⓶ Squat
- ⓷ Poulie
- ⓸ Barre de connexion
- ⓹ Support téléphone

Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- Free space



	Person Icon	m ² Icon
1	0,6m	58,5m ²
2	0,8m	8m ²
3	0,9m	11m ²
4	0,95m	4m ²
5	1m	2m ²
6	1,1m	21m ²
7	1,27m	17m ²



2



30h00



6m³



123m²



1459kg



322kg

