

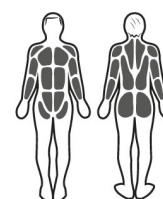
> 1,40m 10 1,1m

1 = 4,48m
2 = 3,21m
3 = 2,35m

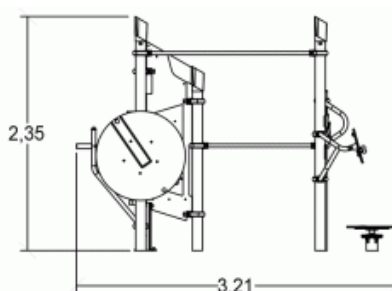
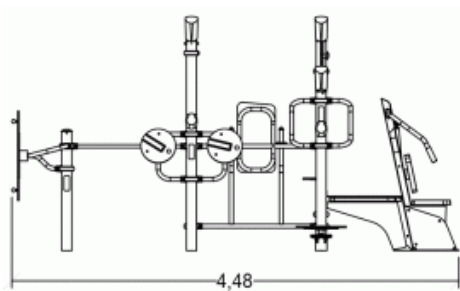
 Motor inclusion



Sports formula



Muscular stimulation



► **Sports activities :** **14**

balancing



x1

hanging



x3

Pull-ups



x3

Dips



x1

Abs



x1

Resistance



x1

spinning




x3

Soulever



x1

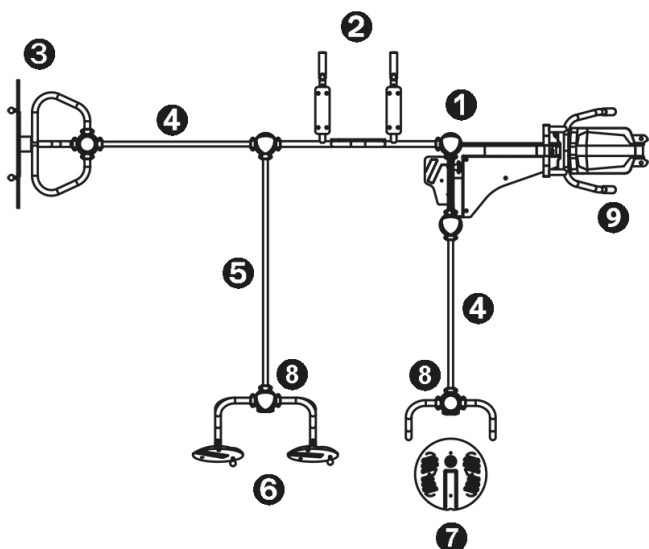
 muscle strengthening

 heart health

 balance

 coordination



Components

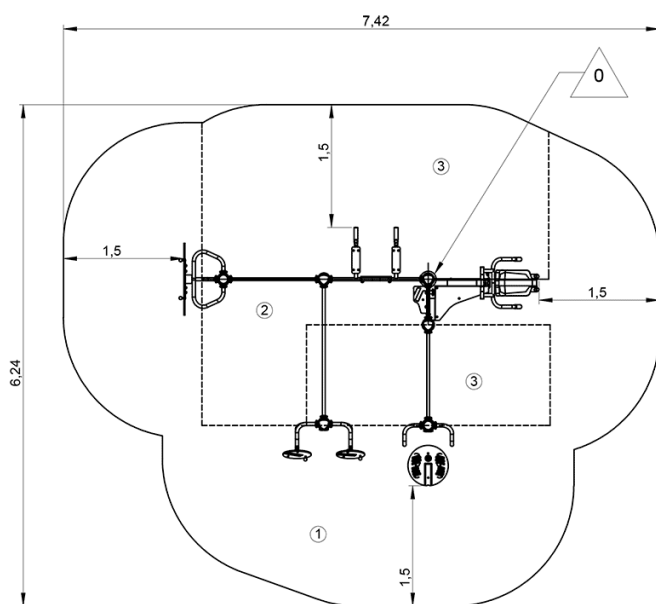


- 1 3 in 1 Totem
- 2 Dual Dip Bars/Abs
- 3 Disque épaule
- 4 Horizontal bar L. 125 cm
- 5 Barre fixe L : 1m80
- 6 Tai-Chi Wheels
- 7 Balance Board
- 8 Support téléphone
- 9 Presse épaule

Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

-  Impact area (minimum normative surface)
-  Free space



1	0,6m	21m ²
2	1m	3,5m ²
3	1,1m	13m ²



2



20h00



1.35m³



37.5m²



328kg



22kg

