


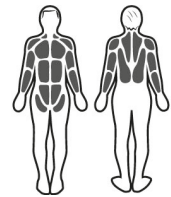



> 1,40m **2** **0,6m**

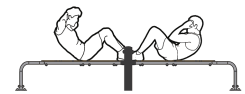

 1 = 3,15m
 2 = 1,28m
 3 = 0,64m



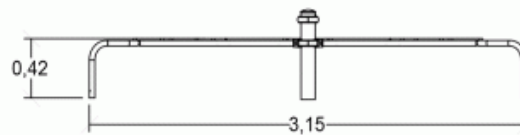
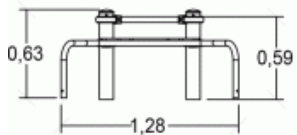
Sports formula



Muscular stimulation



Movements




► **Sports activities :** **4**

Push-ups

Abs



 muscle strengthening



 heart health

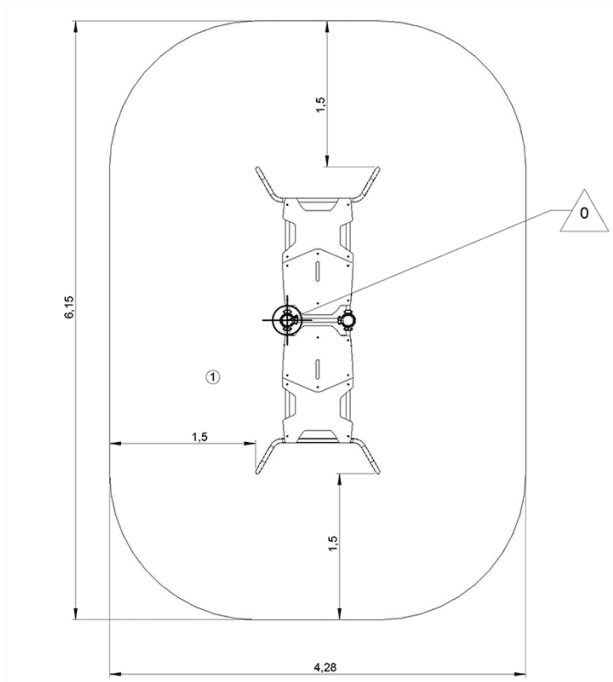
 balance



 coordination

► Installation of equipment

IMPORTANT: It is essential to refer to the installation instructions for information on the size of the safety areas.

-  Impact area (minimum normative surface)
-  Free space



		
1	<0,6m	24,5m ²



2



01h00



0.2m³



24.5m²



81kg



8kg

